

# Calendar of Events

## Across the North West, West Yorkshire and Cumbria



### October

Foetal Alcohol Syndrome & Neglect	01-10-2018	Preston	10.30 - 13.30
Attachment and Education	01-10-2018	Warrington	10.00 - 12.30
Self-Esteem and Shame	04-10-2018	Warrington	10.00 - 13.30
Early Years Communication (0-5yr)	09-10-2018	Salford	10.00 - 12.30
Strategies to facilitate Parenting	11-10-2018	Penrith	10.00 - 15.00
Teenagers Day 1			
Support Group	11-10-2018	Ulverston	19.00 - 21.00
Strategies to facilitate Parenting	12-10-2018	Penrith	10.00 - 15.00
Teenagers Day 2			
Strengthening Families	20-10-2018	Preston	10.00 - 16.00
Therapeutic Parenting	29-10-2018	Salford	10.30 - 15.30
Resilience & Self-Care	30-10-2018	Preston	10.30 - 15.00

### November

Therapeutic Parenting	01-11-2018	Leeds	10.30 - 15.30
You and Your Support Network	03-11-2018	Chester	10.30 - 12.30
Nestlings	06-11-2018	Warrington	10.30 - 12.00
Lifestory (under 8yr)	12-11-2018	Chester	10.30 - 13.30
Strengthening Families	14-11-2018	Warrington	10.00 - 16.00
Adoption Support Group	15-11-2018	Cockermouth	19.00 - 21.00
CfAS Choir	16-11-2018	Warrington	17.30 - 19.30
Social Communication (+5yr)	20-11-2018	Salford	10.30 - 13.30
Therapeutic Parenting	20-11-2018	Warrington	10:30—15:30
Nurtured Heart	22-11-2018	Warrington	10.00 - 15.00
Adoption Matters Christmas Party	24-11-2018	Chester	14.00 - 16.00
Sensory Processing	26-11-2018	Windermere	10.30 - 15.00

### December

Adoption Matters Carol Service	02-12-2018	Wigan	14.00 - 17.00
South Cumbrian Christmas Party	08-12-2018	Ulverston	
Brain to Brain Connection - Parenting with PACE Principles	10-12-2018	Chester	10.30 - 15.00

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### January

Making Positive Changes and Creating Happier Habits	15-01-2019	Preston	10.30 - 13.00
Sensory Processing	22-01-2019	Salford	10.30 - 15.00
Theraplay Day 1	23-01-2019	Warrington	09.45 - 14.45
Theraplay Day 2	24-01-2019	Warrington	09.45 - 14.45
Theraplay Day 3	30-01-2019	Warrington	09.45 - 14.45

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### West Yorkshire - Support Group for School Age Children

Please text **Debbie Smith** on **07788261710** or email **Debbie.Smith@adoptionmatters.org**  
Debbie will then contact you to confirm arrangements and introduce you to the other adopters.  
The Support Group for School Age Children is an informal group that meet in the school holidays.  
In the main it is a gathering of adopters with their school aged children, but anyone is welcome.  
We meet in public parks, the children play and the parents usually get some opportunities to chat and share experiences.

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### Cumbria - Support Groups

For information on support in Ulverston, Carlisle and Cockermouth, please contact:  
**helenarmstrong@caritascare.org.uk** or **carolinehoyle@caritascare.org.uk**  
Adoptive families living in Cumbria are also able to access support events and training provided by Cumbria County Council. If you do not already receive their newsletter, please contact **Cumbria County Council** at **adoptionssupportteam@cumbria.gov.uk** or call **03033 331 216** for more information.