



Calendar of Events North West

April			
Rock and River	03-04-2018	Mawdesley	11.45 - 15.00
Brain to Brain Connection: PACE	13-04-2018	Hale	10.30 - 15.00
Nurtured Heart	16-04-2018	Warrington	10.00 - 15.00
Mosaic Therapy	18-04-2018	Warrington	10.00 - 12.00
Friends of CfAS	20-04-2018	Warrington	14.00 - 16.00
Self-Esteem and Shame	25-04-2018	Warrington	10.00 - 13.30
Buddy Meeting	25-04-2018	Warrington	10.00 - 12.00
Choir	27-04-2018	Warrington	17.30 - 19.30
Child to Parent Violence	30-04-2018	Warrington	10.30 - 13.30
May			
Nestlings	02-05-2018	Crewe	11.00 - 12.30
You and Your Support Network	12-05-2018	Blackburn	10.30 - 12.30
Nurtured Heart Practice Group	14-05-2018	Chester	10.00 - 12.00
Early Years Communication	17-05-2018	Hale	10.00 - 12.30
Therapeutic Parenting	21-05-2018	Warrington	10.30 - 15.30
Nurtured Heart	31-05-2018	Chester	10.00 - 15.00
June			
Lifestory Under 8	04-06-2018	Warrington	10.00 - 13.00
Attachment and Education	13-06-2018	Hale	10.00 - 12.30
Theraplay Day 1	13-06-2018	Warrington	9.45 - 14.45
Theraplay Day 2	14-06-2018	Warrington	9.45 - 14.45
Resilience and Self Care	19-06-2018	Preston	10.30 - 15.00
Theraplay Day 3	20-06-2018	Warrington	9.45 - 14.45
Choir	22-06-2018	Warrington	17.30 - 19.30
July			
Child to Parent Violence &	5,12,18,20	Warrington	09.45 - 3.45
Emotional Crisis			
Social Communication	03-07-2018	Hale	09.45 - 12.45
Nurtured Heart Practice Group	06-07-2018	Warrington	10.00 - 12.00
Nestlings	06-07-2018	Warrington	10.30 - 12.00



Calendar of Events Yorkshire

April

Support Group for School Age Children	05-04-2018	Aireville Park	10.30 - 12.30
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May

Support Group for School Age Children	Half Term TBC	Bradford	TBC
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June

Lifestory Under 8	07-06-2018	Leeds	10.00 - 13.00
Nurtured Heart	13-06-2018	Leeds	10.00 - 15.00

July

You and Your Support Network	14-07-2018	Hebden Bridge	10.30 - 12.30
Picnic	31-07-2018	Yorkshire Sculpture Park	11.00 - 14.00

Support Group for School Age Children

For more information please text **Debbie Smith** on **07788261710** or email her at **Debbie.Smith@adoptionmatters.org** Debbie will then contact you to confirm arrangements and introduce you to the other adopters. The Support Group for School Age Children is an informal group that meet in the school holidays. In the main it is a gathering of adopters with their school aged children, but anyone is welcome. We meet in public parks, the children play and the parents usually get some opportunities to chat and share experiences.

Picnic

We are asking people to bring their own picnic and we will do our best to arrange some fun games, last year we had a egg and spoon race, bubbles and bat and ball games! If you would like to attend this event, please email **Clive.Gumbrell@adoptionmatters.org** to express your interest. Our team in Yorkshire will then contact you via email nearer the time with detailed instructions on times; where to meet and what to bring.



Calendar of Events Cumbria

April

Easter Egg Hunt	09-04-2018	Ulverston
Easter Event	12-04-2018	Carlisle

May

Support Group	17-05-2018	Carlisle	19.00 - 21.00
Support Group	17-05-2018	Cockermouth	19.00 - 21.00

June

Adoption Fun Day	09-06-2018	Penrith	
Foetal Alcohol Syndrome and Neglect	15-06-2018	Windermere	10.30 - 13:30
Support Group	21-06-2018	Ulverston	19.00 - 21.00

July

Nurtured Heart	02-07-2018	Windermere	10.00 - 15.00
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August

Family Picnic	08-08-2018	Carlisle
Family Picnic	22-08-2018	Ulverston

For information on the **Support Groups** in Ulverston, Carlisle and Cockermouth, please contact Helen: helenarmstrong@caritascare.org.uk or Caroline: carolinehoyle@caritascare.org.uk

Adoptive families living in Cumbria are also able to access support events and training provided by Cumbria County Council. If you do not already receive their newsletter, please contact **Cumbria County Council** at adoptionsupportteam@cumbria.gov.uk or call **03033 331 216** for more information.

To book a consultation please see the contact details on the next page.

The Centre for Adoption Support

We know every child is different, there
is no 'one size' of support that fits all



Want to know more?

The Centre for Adoption Support is provided by two long established charities, Adoption Matters and Caritas Care, offering specialised adoption and fostering services. Both agencies are rated as 'outstanding' by Ofsted.

We work in conjunction with Local Authority, Health and Education Services.

The Centre was established with support from the Department for Education's National Prospectus Grants Programme.

We are friendly, approachable and very knowledgeable about all aspects of adoption.

Our staff have previously worked within adoption services and educational settings and are passionate about the provision of adoption support.

Contact us:

The Centre for Adoption Support

The University of Chester

Aiken Hall

Warrington

Cheshire

WA2 0DB

www.centreforadoptionssupport.org

info@centreforadoptionssupport.org

01925 534 118